



Light Reading Newsletter

The Official Newsletter of the Reiki Council

July '09



Mastery Mentorship

Personalized One-on-One Coaching with Rick or Connie
Learn to Work With, not Against, Your Energy Blueprint.

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The Spiritual Message of Michael Jackson for the Rest of Us

Like many people, you are probably growing tired of the Michael Jackson coverage, but I wanted to share a message that is *actually* useful. Regardless of what you think about Michael Jackson personally, he was an amazing entertainer and his music and his dancing impacted millions and millions of people in very positive ways, and we can gain a great deal of insight from the lessons he left behind.

In my humble opinion, there are three important messages that we can gain from his life and career, allowing this odd man from Gary Indiana to influence the world one more time in very powerful ways.

Admittedly, I did not watch much of the coverage, but it was hard not to hear the conversations of admiration, disgust, anger, love, and much more. As I listened, I noticed the emergence of important themes that can have a great impact on each one of us as spiritually-minded human beings trying to live a good life and help make the lives of others better.

Lesson number 1: You don't have to be perfect to have a massive impact and inspire the people around you. In fact, you can be pretty flawed and still affect people's lives in positive ways. I don't think it is a stretch or inappropriate to say his life was pretty bizarre and filled with serious legal, ethical, and personal problems. In spite of all of that, the outpouring of love for this man was astonishing. The problems didn't matter to most. All that mattered was what his message meant to them.

As Marianne Williamson wrote, "It is not our darkness that we fear, but our light." We are in a time of global struggle, and the planet needs spirits to stand up to affect their small corner of the world in positive ways. This isn't a time to put a shade over the light of our spirits because we have made mistakes or had a problem.

How much does each one of us discount our own messages, our own gifts, and our own ways of elevating others simply because of a health issue, personal imperfection, or other self-imposed limitation? If Michael Jackson can accomplish all that he did and inspire that many people while being arrested and sued and scrutinized for alleged unspeakable wrong-doings, I think that each one of us in our own natural imperfections can find the freedom to shine a little brighter in our own lives. And that leads to **Lesson Number 2**.

When Michael was still a member of the Jackson 5, he confided in someone that he was going to be the greatest entertainer ever. More than just words, he put it into action. He left his brothers and set out to be the best. He did the work. He didn't try to duplicate others. Instead, he was unique – expressing his music and his ability to dance in ways no one had ever done before. People said he was extremely organized and detailed in his preparations.

Because of of his absolute commitment to be the greatest entertainer ever, he pushed himself until he achieved that vision. His demand to ensure that he was not going to be a mimic opened the hearts and minds of hundreds of millions of people. The music that he had inside of him came out. His stunning agility and creativity as a dancer found its expression, and the world was changed.

What do you want to Accomplish?

Authors, athletes, speakers, musicians, healers, business owners, thinkers... All the Great Ones have Coaches! When workshop training isn't personal and targeted enough for your growth...

You want personalized, one-on-one coaching & mentorship with our new Mastery Mentorship Program.

This is your chance to work one-on-one with either Rick or Connie to meet YOUR short or long-term goals. Space is limited and you can **lock in low introductory prices** by starting now. Call 630-926-5891.

Remote Viewers!

You've asked for an easy, convenient way to keep growing and improving your intuitive and psychic abilities. Here it is!

Remote Viewing Online Practice Group!

This all new ongoing monthly practice group gives you the freedom to practice with like-minded people...

**...on your own time...
from almost anywhere in
the world!**

Subscribe online to this monthly service, you can have access to 2-3 practice sessions a week, feedback from Rick & Connie, and share with other viewers of all levels. For info, go to: <http://www.reikicouncil.com/remoteviewing>

* **Pre-requisite:** Reiki Council's Remote Viewing Introduction or Level 1 class.

Upcoming Workshops

Crystals & Healing Stones Workshops!

1-day course, 2 options:

Sat: July 18 Winfield

Sun: July 19 Winfield

Hawaiian Elemental Healing Advanced Apprenticeship

Fri-Sun: Jul 24-26 Winfield, IL

Remote Viewing - Level 1 Course

Fri-Sun: July 31-Aug 2 Winfield, IL

Remote Viewing - Level 1 Online Course

Starts August 3, 2009

Japanese Reiki (Shoden) Level 1 Course

Wed: Aug 5,12,19, 26 -

6:30p-9:30p Winfield, IL

Po'ohuna: Hawaiian Spirituality & Healing Level 1 Training!

Thurs eve through Sun

Aug 13-16 Winfield, IL

Essence of Aloha: *Five Simple Steps to a Heart-Centered Life*

Fri: Aug 21 Winfield, IL

Fri: Sept 11 Scottsdale, AZ

Tue: Sept 15 Sedona, AZ

Soul's Design: A Master's Course in the Chakra System!

Sat-Sun: Aug 22-23 Winfield, IL

Sat-Sun: Sep 12-13 ScottsdaleZ

Reiki Symposium

Sat: Aug 29 Chicago, IL

Reiki Facelift Intensive Workshops!

Sat: Aug 30 Winfield, IL

Each one of us has a vision for our lives, but we have to ask ourselves if that vision is being realized. Is our music going to stay locked up inside and die with us? Is that healer or writer or spirit going to leave this world having never been fully expressed? Are we going to shoot for sameness and safety, or will we take the risk and unleash our divine uniqueness.

Greatness doesn't have to equate to fame, nor does it have to equate to ego. It is about fully embracing the talents, knowledge, and spiritual callings, rather than settling for mediocrity, or "just good". Greatness is an inner excellence, and a way of being.

Lesson 3 - You don't have to do it alone... but be intentional with your team. So often, we imagine that greatness is a singular event. That's rare. Of the masters (in any field) I have met and grown to know well, their singularity is supported by a number of others. In part, that support team is spiritual, such as a family, spiritual, or Reiki Lineage, but most powerfully, it is a living support team.

Having a team of trusted helpers, advisors, emotional supporters, challengers and idea bouncers is vital to your success. Having that second and third and tenth pair of eyes offering different perspectives is a powerful gift... but make certain your team has your best interests in mind as it appears that Michael Jackson learned the hard way.

Your team might be a coach or perhaps a group of others trying to accomplish the same thing. Our one-on-one mentorship program is a good solution. Our premium members only section of the web site will have Mastermind Alliance groups to share and shape ideas with a group of like-minded people. While the size of your team is your choice, remember that we chose to incarnate into this life to create relationships and connections. By trying to do it alone, we dismiss our spirit's intention and make the process much more difficult.

The death of Michael Jackson offers these important lessons if we are willing to recognize them. We can stay the same, allow our self-imposed limitations to keep us from mastery, or we can really commit to being that ultimate vision, no matter what it is, and leave our own imprint of greatness on our family, our community and our world.

I Ke Kea Kahi (In the One Light) ,

Rick Vrenios

Members Only Site has Re-Opened!

Great news for Reiki Council Members! We have resolved the technical issues that shutdown the private members only area of the web site. It was a long, challenging process that resulted in scrapping the old and rebuilding from scratch, but it is now ready, stable, and working great.

Over the coming days, you will soon be receiving your new login and password to the brand new members only area of our web site. We are updating the database as quickly as possible with the premium members first (Professional and Inspired Living Members) and the basic members will be next.

We know budgets are tight, so we will maintain the option for a free membership area filled with informative articles, discussion forums, chatrooms, and more, but because the new system is more costly, we will eventually be moving to a minimal-cost monthly subscription to access premium areas of the web site, such as the archives of educational podcasts, premium discussion boards, Mastermind Alliance Groups, and more.

If you would like to submit an article or video that you think would be of interest to our members, please send it to: info@reikicouncil.com Subject line: Member Article Submission.

With your active participation, the membership community can grow into a thriving online gathering place for sharing, learning, inspiring, and growing together.

New Office in Winfield is Now Open!



Rick & Connie are now available for *therapeutic sessions at three convenient locations!* Massage, Reiki, Reflexology, craniosacral therapy, and Hawaiian Elemental & Spiritual Healing Treatments now available in Geneva (on Wednesdays only), East Dundee, and now at our new primary location, the **Lighthouse Center** in Winfield, Illinois!

Let us create for you a personalized healing session to support your goals. Whether you want to let go and just relax, or if you are working with a difficult health challenge, we're here to help you with caring, complimentary therapies to partner with your medical care.

We specialize in:

- *Massage Therapy*
- *Reiki Energy Balancing*
- *Hawaiian Elemental & Spiritual Healing*
- *Craniosacral Therapy*
- *Hand or Foot Reflexology*

And, we are running a members only special for a limited time at the Lighthouse Center - massage, reflexology, craniosacral, or Reiki for only \$45 for an hour and \$65 for a 90-minute session (the Hawaiian healing services are \$75 for an hour)! But, because this is for members only, you must mention the discounted price. Gift certificates and session package deals are available.

To get started, call to make your appointment with Connie at 630-886-5890 or with Rick at: 630-926-5891.

Reiki Symposium coming to Chicago August 29, 2009!

The 1st annual Reiki Symposium is being presented by Chicagoland Reiki. The day-long event will feature a number of speakers presenting a variety of important topics affecting Reiki Practitioners, including Keynote Speaker, Rick Vrenios.

The theme for this year is One Message, One Voice honoring the central unity within all systems of Reiki. Debbie Walker, the creator of the event, said the goal is to build a real community where people can connect, communicate, and share ideas about Reiki.

The finale of the event will be a panel discussion of local leaders in the field presenting different views on the social, political, and legal issues of Reiki. Some of the topics to be discussed are the Catholic Bishop's ban of Reiki, licensing Reiki Practitioners, and insurance billing.

In addition to speakers, there will also be vendor tables, refreshments, and networking opportunities. Tickets are only \$10 per person, and if you bring a group of your Reiki students or friends, you can save with a "buy 3 get 4" when prepaid.

For complete details and to register, please visit: www.chicagolandreiki.com.



Metaphysics 101 Workshop on Audio CD

Buy 1 or all 4 CD Volumes:

Introductory Lesson:

Art & Science of Spiritual Awakening

Volume 1: Manifestation

Secrets of Co-Creation

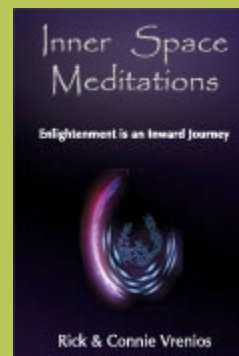
Volume 2: Energy Perception

Seeing Energy, Auras & Entities

Volume 3: Numerology

Your Personal Frequency

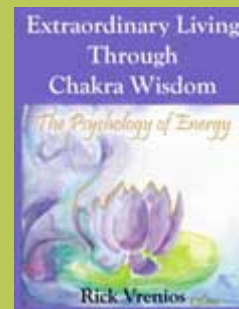
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Learn Remote Viewing... Live or Online!

We have been receiving many requests for one more chance to learn Remote Viewing this year. It was not something we planned on doing, but this is such an amazing system, we couldn't say "no". So, we're providing two opportunities to learn the system called, *"The most effective way to quickly develop your intuitive skills."* But, this is definitely the final live presentation of the live in-classroom Remote Viewing Level 1 Courses this year.

What is Remote Viewing?

You can find a complete explanation at <http://www.reikicouncil.com/remoteyviewing>, but simply put, Remote Viewing is a scientifically developed system that can train you, and almost anyone to connect more fully with your natural psychic and intuitive mind. Everyone is psychic, but not everyone knows how to convert the psychic and intuitive impressions into something usable. In fact, this system is so effective, the CIA and US Military invested \$20 million (a major investment in 1960's dollars) to the Remote Viewing Program to train teams of special agents as psychics.

Remote Viewing embraces the concept that "an effective structure provides repeatable results". What causes most people to miss the psychic impressions received daily is that there is no structure in place to give the impressions any sort of groundedness. They slip by unnoticed because there is no mechanism available to give the impressions a voice to express through.

In Remote Viewing, you will learn a systematic, structured approach that trains your mind to connect with, identify, and express or record your psychic perceptions. As your mind is trained to work in the Remote Viewing system, it becomes less dependant on the structured approach. You connect with your intuition just walking down the street, on the job, with your relationships, and more.

Remote Viewing in the Movies

Did you see the movie that was just released on DVD called "Push"? The "watchers" in that movie were Remote Viewers! Suspect Zero with Ben Kingsley is another movie about a Remote Viewer.

Your Chance to Learn Remote Viewing

On July 31-August 2, 2009 (Friday evening through Sunday), we will present the live Remote Viewing Level 1 Course in Winfield, IL. This will also be the start of the entire 5 workshop Remote Viewing training series for those who want advanced level training in Medical Remote Viewing.

The second opportunity is our brand new **Remote Viewing Online Course!** Attend from anywhere in the world that you can access the internet. You will be able interact with Rick & Connie and other participants as you progress through all the same learning segments, skill exercises, and practice Remote Viewing sessions that you would experience in a live class.

Starting August 3, 2009, we are presenting the **Online Introduction to Remote Viewing** and the expanded **Online Remote Viewing Level 1 Course.** You can start with the Intro class and choose to upgrade to the full Level 1 course. The Level 1 Course and Intro class share the same first two weeks. Where the Intro class ends, the Level 1 Course moves deeper into new techniques and skills with more practice. If there is enough interest, we'll put the advanced courses online as well.

For more information about either the live or online courses, visit our Remote Viewing web site at: www.reikicouncil.com/remoteyviewing.

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The Measure of Happiness Creating the Healing Power of Sacred Places in Your Every Day Life

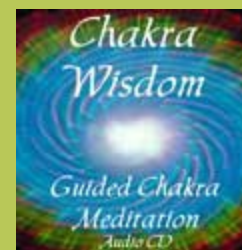
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